

Reports of Extension Activities for the session 2020-21

Report on NSS Day

Dated 24/09/2020

The NSS unit of the college observed the Foundation Day of NSS on virtual mode. Dr. Tanuj Kr. Dey, Principal of the college highlighted various activities directed towards holistic development of people in need that spoke volume of tenacity and determination coupled with the undaunted spirit of a NSS volunteer tended to possess. He appealed to students to join hands in ventures that would reap wonders for the underprivileged people. Dr. Manas Sinha, Programme Officer of the unit encouraged volunteers to remain strong and render valuable assistance to people in distress in the unprecedented crisis of COVID pandemic that would continue to wreck havoc all over the world. On this special occasion of the foundation day, the NSS unit organised an e-Quiz.



Sd/-
Dr. Manas Sinha,
Programme Officer, NSS unit,
Lala Rural College, Lala

Report on Distribution of old cloths by Women's Cell

Dated 20/10/2020

Women's Cell, Lala Rural College, arranged a programme for handing over the old cloths to an NGO named Native Pride Club on 20th October 2020. On that day, some members of Native Pride Club including their Secretary, Mr. Joydeep Nath visited the college. In this connection it should be mentioned that the teachers and the students collected old cloths to be handed over. In presence of the faculty members the Cell handed over huge quantity of old cloths to the NGO. The Secretary, on behalf of the NGO assured that the cloths would be properly distributed to the needy people of villages. He expressed his gratitude to the Women's Cell in particular and the college fraternity in general for such a noble and humanitarian work. Dr. S. Bebita Devi, the convenor of Women's Cell of the college expressed her thankfulness to the members of the NGO for sharing their valuable time with the college family. With this gesture of gratitude, the programme came to an end.



Sd/-
Dr. S. Bebita Devi
Convenor, Women's Cell
Lala Rural College, Lala

Report on National Youth Day

dated 12/01/2021

The NSS unit celebrated National Youth Day in collaboration with IQAC cell of the college in order to mark the 158th birth anniversary of Swami Vivekananda. Maintaining COVID-19 protocol, the programme was held in the auditorium. The Programme Officer, Dr. Manas Sinha addressed and welcomed all. He stressed on the theme ‘Channelizing Youth Power for Nation Building’. Before that, Dr. Tanuj Kr. Dey, the Principal i/c lighted the lamp and then a floral tribute was offered to the portrait of Swami Vivekananda. The Principal spoke on the inspiring life of Swami Vivekananda. He added that Swamiji always stressed on the role of youth in nation building. Ms. Anamika Khersa, Assistant Professor, Dept. English highlighted on the various aspects of the life and philosophy of Swamiji that upheld the true value and significance of a human life. She appealed to students present to follow the ideals of Swamiji that are path-breaking in the holistic development of an individual and the society as a whole. Dr. Mithun Nath, Co-ordinator, IQAC organised an online Quiz competition among students on the occasion of National Youth Day; the successful students were given e-certificates later.





Sd/-
Dr. Manas Sinha,
Programme Officer, NSS unit,
Lala Rural College, Lala

Report on Awareness Programme as a part of 32nd National Road Safety Month

dated 03/02/2021

An awareness programme on 32nd National Road Safety was organised by IQAC, Lala Rural College in association with the District Road Safety Committee, Hailakandi and NSS unit of the college in the auditorium. Dr. Manas Sinha, Programme Officer, NSS unit presented a formal inaugural speech on the occasion. Two resource persons, namely Mr. Syed Rafiqul Mannan, DTO, Hailakandi and Mr. Sahab Uddin Tapadar, Enforcement Inspector, Hailakandi graced the occasion. Both the resource persons enlightened the gathering about the safest possible measures to evade any road accident. Both the distinguished speakers highlighted provisions about the road safety norms. The students were given pamphlets concerning ways and measures to tackle road accidents. The programme was coordinated by Dr. Mithun Nath, Co-ordinator, IQAC.





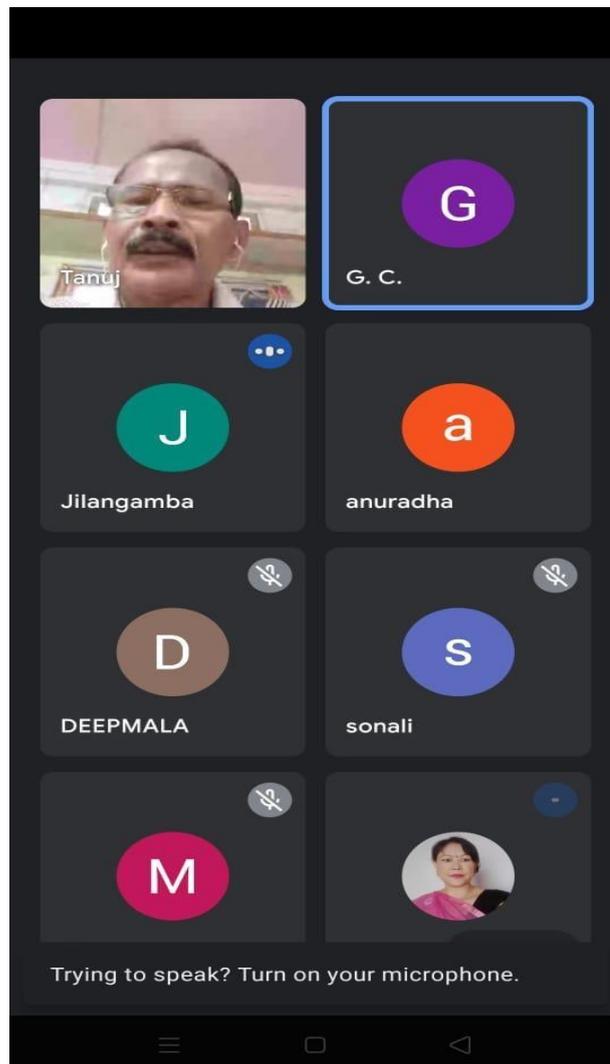
Sd/-
Dr.Mithun Nath
Co-ordinator, IQAC,
Lala Rural College, Lala

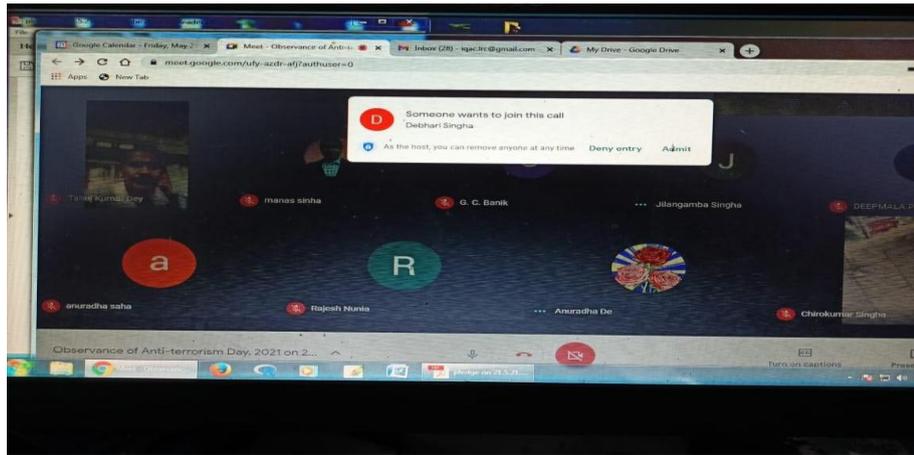
Report on Anti-Terrorism Day

dated 21/05/2021

As per the directions of the Government of India vide circular number as referred the IQAC, Lala Rural College has organized a programme on 'Google meet' virtual platform to observe Anti-terrorism Day, 2021 on 21st May, 2021 at 11:00 a.m. The program was presided over by Dr. Tanuj Kumar Dey, Principal-in-Charge of the College and a total of 41 participants comprising both teachers and students have participated in it. The programme was co-ordinated by Dr. Mithun Nath, Co-ordinator IQAC, Lala Rural College.

At the outset, the Principal-in-Charge of the College has inaugurated the anti- terrorism pledge taking ceremony by elaborating its importance and relevance in present context. He then administered the anti-terrorism PLEDGE to all the participants. Thereafter the meeting was opened for all to take part in discussion and which ultimately produced a very fruitful discussion on the topic. The programme ended with the vote of thanks from the President.





Sd/-

Dr.Mithun Nath
Co-ordinator, IQAC,
Lala Rural College, Lala

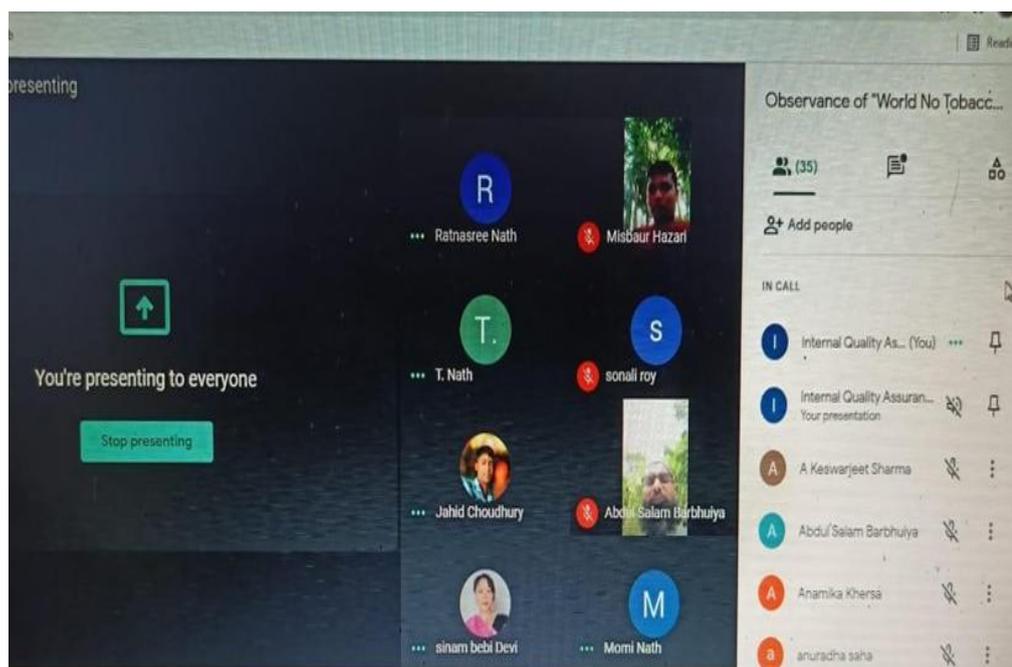
Report on World No Tobacco Day

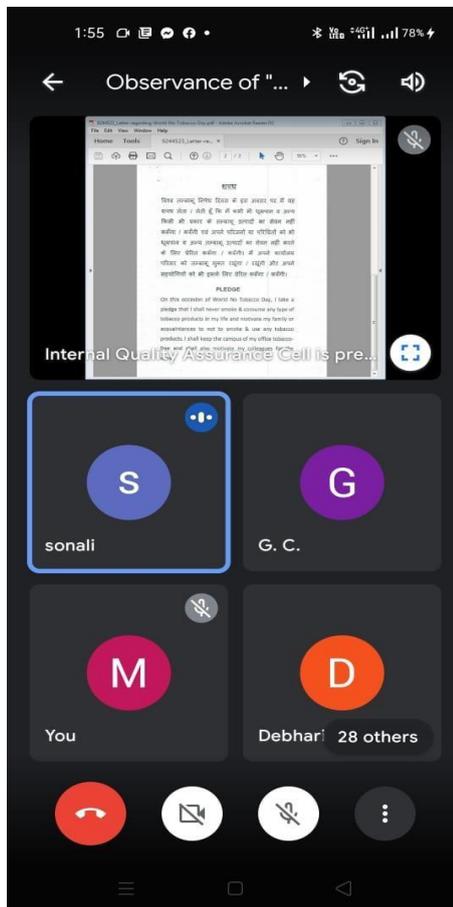
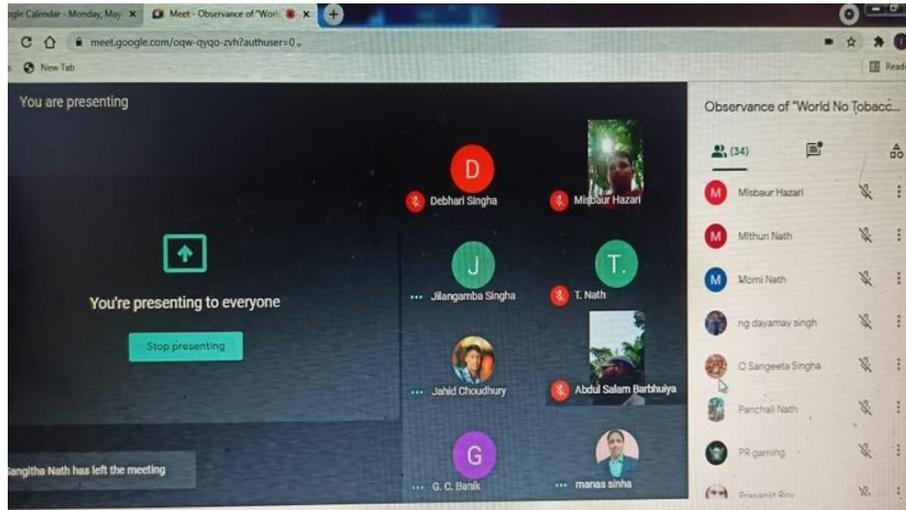
dated 31/05/2021

In response to the UGC communication vide latter number as referred, the IQAC, Lala Rural College in collaboration with NSS, Lala Rural College Unit, has organized a programme on 'Google meet' virtual platform to observe the **“World No Tobacco Day, 2021”** on 31st May, 2021 at 1:30 p.m. The programme was presided over by Mr. Gautam Chandra Banik, Head, Department of Commerce, Lala Rural College and a total of 63 participants comprising both teachers and students have participated in it. The programme was conducted and co-ordinated by Dr. Mithun Nath, Co-ordinator, IQAC, Lala Rural College.

At the outset, the Co-ordinator, IQAC has explained the importance and relevance of organizing such a Programme and requested Mr. Gautam Chandra Banik, HoD, Commerce to preside over the same. Being nominated as President, Mr. G.C. Banik has formally inaugurated the Programme with his key note address covering all aspects of the day. Following him, Dr. Manas Sinha, Programme Officer, NSS has focused on the theme of the year **“Commit to Quit”** and elaborated the harmful and deadly effects of tobacco and discouraged its use in any form.

Following this thought-provoking deliberations, the President of the Programme has administered the PLEDGE of the day to all the participants in a befitting manner. The programme ended with the vote of thanks from the Programme Officer, NSS.





Sd/-
Dr.Mithun Nath,
Co-ordinator, IQAC
Lala Rural College, Lala

Report on 11th National Voters' Day

dated 25/01/2021

The 11th National Voters' Day was organised in the college premises on 25th January, 2021 by the department of Political Science in collaboration with IQAC and NSS unit of the college. The event was attended with much enthusiasm by teachers and as many as 185 nos. of students. The programme was presided over by Dr Tanuj Kumar Dey, Principal in-Charge of the college. At the outset, the Principal addressed the students and talked about the genesis of the National Voters' Day. Dr. Mithun Nath, Co-ordinator, IQAC highlighted on the theme of 'Making Our Voters Empowered, Vigilant, Safe and Informed'. Dr Manas Sinha, Programme Officer, NSS unit talked on the objective of such event which was to ensure the maximum enrolment of the new voters, in particular, in the electoral roll. He appealed to the students who attained the age of 18 years to cast their votes in elections by applying their democratic right to vote. Then Dr L. Chiro Kumar Singha, Head of the department of Political Science emphasised, in his speech, on the importance in regard to the voting right of youth. Thereafter, a pledge was taken in unison in order to vote in the elections without fail. At the end part of the programme, an online Quiz competition was held amongst students. Finally, the programme ended with a vote of thanks offered by the Co-ordinator, IQAC.

Sd/-

Dr. L. Chiro Kr. Singha, HOD,
Dept. Political Science,
Lala Rural College, Lala

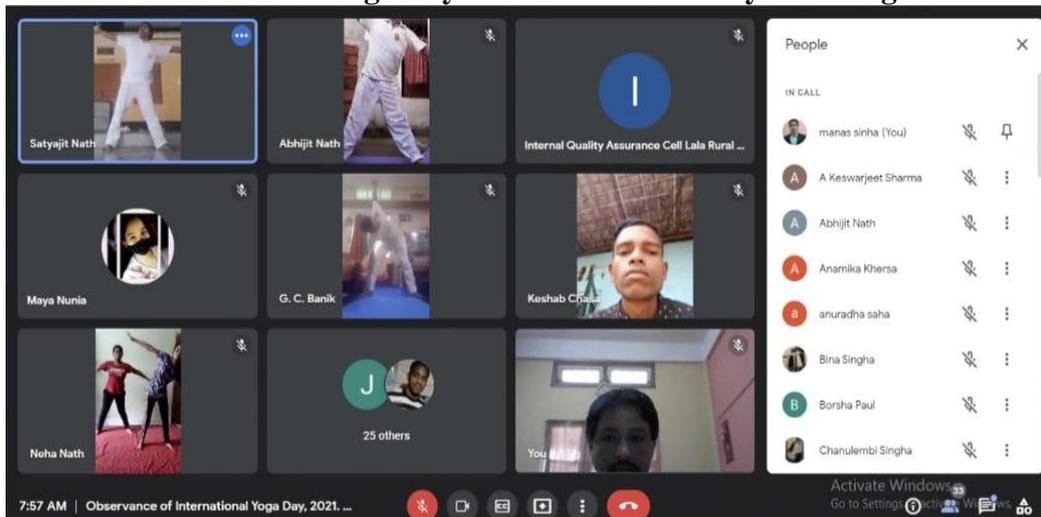
Flag hoisting on 15th August, 2021



Republic Day Celebration on 26th January, 2022



Observance of International Yoga Day on 21/06/2021 held by the college on online mode



Observance of World Environment Day on 05/06/2021

